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A Taste for Adventure: A Culinary Odyssey around the World

Anik See

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A Taste for Adventure: A Culinary Odyssey around the World Anik See
One of the most accessible entrees into another culture is its food — a lesson Anik See has learned well. In A Taste for Adventure, See describes in loving detail her gastronomic forays into Iran, Indonesia, Turkey, and nine other countries. On bicycle, See travels the breathtaking mountains of Chile's Patagonia region and partakes of a roadside asado (barbecue). Riding into post-Soviet Georgia, she lunches with a mercenary-turned-cop then continues to a wine-harvest feast in the mountains. In a savory twist on travel literature, each chapter concludes with selected recipes from See's excursions, including Malaysian roti (flatbread), Mexican pozole (pork with hominy), and Georgian adzhapsandali (ratatouille). 38 original recipes complement the text.

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