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Yantra: The Tantric Symbol of Cosmic Unity

Madhu Khanna

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Yantra: The Tantric Symbol of Cosmic Unity Madhu Khanna
The first comprehensive study of the Indian power symbol that allows the individual to take a journey to the primordial center of life

• Highly illustrated exploration of every aspect of the yantra, including its related rituals, sounds, and meditation practices

• Investigates the continued use of the yantra in modern India as a magic talisman

The yantra is both a complex metaphysical symbol and a tool of ritual and meditation. In kundalini yoga, the patterns contained in this metaphysical and geometrical construct correspond to the psychic centers of the subtle body, therefore making the body itself a functioning yantra. In this book, which is the first comprehensive study of the subject, the author provides a step-by-step explanation of the dynamic process wherein the yantra aids the individual in the spiritual journey to return to original wholeness.

Every aspect of this important Indian symbol is explored, from its related sounds, rituals, and use in meditation to its application in traditional temple architecture and sculpture. The author also looks at its continued use in both the “black” and “white” magic traditions of the subcontinent, as well as its power as a talisman.

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