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Breaking the Surface

Greg Louganis, Eric Marcus

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Breaking the Surface Greg Louganis, Eric Marcus
This is a new edition of Greg Louganis's 1995 #1 New York Times bestselling autobiography and Literary Guild Selection. It is the unflinchingly honest first-person account of a man breaking free of a lifetime of silence and isolation.

Born to a young Samoan father and Northern European mother, and adopted at nine months, Greg began diving at age nine, and at sixteen won a silver medal at the 1976 Montreal Olympics. But despite his astonishing athletic skill, Greg struggled with late-detected dyslexia, prejudice toward his dark skin coloring and anguish over his homosexuality, which he felt compelled to hide. Being in the spotlight intensified his difficulties with relationships and substance abuse.

However, Louganis went on to win double gold medals at the 1984 and 1988 Olympics. His triumph at the 1988 Olympics came several months after he tested positive for HIV. This is the haunting, searingly candid story of the world's greatest diver. This new edition includes a new foreword.

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