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PsycEssentials: A Pocket Resource for Mental Health Practitioners

Janet L. Sonne

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- What diagnoses should I consider for a client who presents with psychotic symptoms?
- What is my legal responsibility towards a client who presents a danger to himself or others?
- What clinical assessments can I use for children who may be suffering from ADHD?

Mental health professionals face tricky questions like these every day. But locating reliable sources of information takes considerable time, a luxury that many hard-working clinicians today simply don't have.

PsycEssentials: A Pocket Resource for Mental Health Practitioners is a quick but comprehensive guide that helps mental health clinicians locate the answers to these common and often urgent questions. User-friendly chapters are arranged chronologically to address the typical progression of therapy, and describe a wealth of publicly available resources from standardized screening measures and various clinical assessment and risk evaluation measures, to state laws regarding child and elder abuse reporting, symptoms for mental health diagnosis, commonly prescribed drugs, and resources for the implementation of evidence-based psychotherapies.

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