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Tic Disorders: A Guide for Parents and Professionals

Uttom Chowdhury, Tara Murphy

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This is the essential one-stop guide for parents of children and young people with tic disorders and the professionals who work with them.

Drawing on current research and their own clinical experience, the authors provide up-to-date information on tic disorders and review the psychological, medical and alternative methods of managing symptoms. Written in clear, accessible language and with practical advice on how to support children with tics at home and in school, the book also includes essential information on the common co-occurring conditions and difficulties, such as ADHD, anxiety, OCD, autism, self-esteem issues and behavioural difficulties.

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