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Parenting Through Crisis: Helping Kids in Times of Loss, Grief, and Change

Barbara Coloroso

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In this companion to her bestselling *Kids are Worth It!*, parenting educator Barbara Coloroso shows how parents can help children find a way through grief and sorrow during the difficult times of death, illness, divorce, and other upheavals. She offers concrete, compassionate ideas for supporting children as they navigate the emotional ups and downs that accompany loss, assisting them in developing their own constructive ways of responding to what life hands them.

At the heart of her approach is what she calls the T.A.0. of Family -- Time, Affection, and Optimism -- coupled with her deep understanding of how people move through grief. Barbara Coloroso's clear answers to difficult questions are enriched by uplifting humor and insightful anecdotes from her own experiences as a Franciscan nun, mother of three, and her thirty years as a parenting educator. With this Guide in hand, parents can feel assured that they are responding with wisdom and love when children need them most.

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