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Coping Successfully with Chronic Illness

Neville Shone

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Coping Successfully with Chronic Illness Neville Shone
Chronic illness takes many forms - such as migraine, epilepsy, diabetes, persisting fatigue, arthritis, cancer, and pain - and involves huge stress and uncertainty, especially when you come to the end of what the doctor can offer. This book aims to empower those with chronic illness, and to explore the health possibilities open to them.

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