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Acceptance and Commitment Therapy for Chronic Pain

JoAnne Dahl, Carmen Luciano, Kelly G. Wilson

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Professionals who work with patients and clients struggling with chronic pain will benefit from this values-based behavior change program for managing the effects of pain. **Acceptance and Commitment Therapy for Chronic Pain** addresses case formulation and clinical techniques for working with pain patients through a combination of practical instruction and a treatment scenario narrative that follows a patient through an ACT-based intervention. An invaluable resource for rehabilitation specialists, psychologists, physicians, nurses, and others.

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