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A Beginner's Guide to Paradise: 9 Steps to Giving Up Everything

Alex Sheshunoff

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A Beginner's Guide to Paradise: 9 Steps to Giving Up Everything Alex Sheshunoff
So You Too Can:

- Move to a South Pacific Island
- Wear a Loincloth
- Read a Hundred Books
- Diaper a Baby Monkey
- Build a Bungalow

And Maybe, Just Maybe, Fall in Love! *

*** Individual results may vary.**

The true story of how a quarter-life crisis led to adventure, freedom, and love on a tiny island in the Pacific.

From the author of a lot of emails and several Facebook posts comes A Beginner's Guide to Paradise, *a laugh-out-loud, true story that will answer your most pressing escape-from-it-all questions, including:*

1. How much, per pound, should you expect to pay a priest to fly you to the outer islands of Yap?
2. Classic slumber party stumper: If you could have just one movie on a remote Pacific island, what would it definitely not be?
3. How do you blend fruity drinks without a blender?
4. Is a free, one-hour class from Home Depot on "Flowerbox Construction" sufficient training to build a house?

From *Robinson Crusoe* to *Survivor*, *Gilligan's Island* to *The Beach*, people have fantasized about living on a remote tropical island. But when facing a quarter-life crisis, plucky desk slave Alex Sheshunoff actually did it.

While out in Paradise, he learned a lot. About how to make big choices and big changes. About the less-than-idyllic parts of paradise. About tying a loincloth without exposing the tender bits. Now, Alex shares his incredible story and pretty-hard-won wisdom in a book that will surprise you, make you laugh, take you to such unforgettable islands as Yap and Pig, and perhaps inspire your own move to an island with only two letters in its name.

Answers: 1) $1.14 2) Gas Attack Training Made Simple 3) Crimp a fork in half and insert middle into power drill 4) No.

From the Hardcover edition.

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Kristin Walker:

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Phillip Chadwick:

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John Coffin:

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