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30 Lessons for Loving: Advice from the Wisest Americans on Love, Relationships, and Marriage

Karl Pillemer

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30 Lessons for Loving: Advice from the Wisest Americans on Love, Relationships, and Marriage Karl Pillemer
From the author of the beloved *30 Lessons for Living*

Karl Pillemer's *30 Lessons for Living* first became a hit and then became a classic. Readers loved the sage advice and great stories from extraordinary older Americans who shared what they wish they had known when they were starting out. Now, Pillemer returns with lessons on one of the mosttalked- about parts of that book—love, relationships, and marriage.

Based on the most detailed survey of longmarried people ever conducted, *30 Lessons for Loving* shows the way to lifelong, fulfilling relationships. The author, an internationally renowned gerontologist at Cornell University, offers sage advice from the oldest and wisest Americans on everything from finding a partner, to deciding to commit, to growing old together. Along the way, the book answers questions like these: How do you know if the person you love is the right one? What are the secrets for improving communication and reducing conflict? What gets you through the major stresses of marriage, such as child-rearing, work, money issues, and inlaws? From interviews with 700 elders, *30 Lessons for Loving* offers unique wisdom that will enrich anyone's relationship life, from people searching for the right partner to those working to keep the spark alive after decades together.

Filled with great stories, wise observations, and useful advice, *30 Lessons for Loving* is destined to become another classic.

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