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Positive Discipline for Single Parents, Revised and Updated 2nd Edition: Nurturing Cooperation, Respect, and Joy in Your Single-Parent Family (Positive Discipline Library)

Jane Ed.D. Nelsen, Cheryl Erwin, Carol Delzer

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A Positive, Proven Approach to Single Parenting!

As a single parent in our complex world, you face the challenge of doing alone a job that was meant for two people. In addition, self-doubt and guilt may dampen the joy you experience raising your child. What do you do?

Over the years, millions of parents just like you have come to trust **Jane Nelsen's** classic **POSITIVE DISCIPLINE** series for its consistant, commonsense approach to child rearing. In this completely revised and updated edition of ***Positive Discipline for Single Parents*** you'll learn how to succeed as a single parent in the most important job of your life: raising a child who is responsible, respectful, and resourceful.

Inside this reassuring book, you'll discover how to:

·Identify potential problems and develop skills to prevent them

·Budget time each week for family activities

·Create a respectful coparenting relationship with your former spouse

·Use nonpunitive methods to help your children make wise decisions about their behavior

·And much, much more!

"Provides very important information for single parents, especially in today's violent society. Used as a resource, it can help parents deal with discipline issues in a positive way and in turn help their children become responsible citizens."**—Judye Foy, international vice president, Community Relations, Parents Without Partners**

"Another great resource for both single parents and therapists . . . practical and enjoyable to read. A must for your parenting library."**—Stephen Sprinkel, marriage and family therapist**

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