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Exploring China: A Culinary Adventure: 100 recipes from our journey

Ken Hom, Ching-He Huang

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Exploring China: A Culinary Adventure: 100 recipes from our journey Ken Hom, Ching-He Huang Ken Hom and Ching-He Huang have transformed the way we cook and eat Chinese food. In this exciting new cookbook and TV series, they journey through China on a culinary and cultural odyssey to find the old, the new and the unexpected.

China's emergence as one of the world's most influential cultures has ignited our interest in this enigmatic country, but Ken and Ching also have their own quests to explore. They arrive in Beijing to explore the influences of the West on traditional Imperial cuisine and talk to cutting-edge chefs about their take on Peking Duck.

They cook with local families, en route to discover the influence of Buddhism on vegetarian food and whether the Chinese did actually invent tortellini in remote Kashgar before travelling to Sichuan Province, China's gastronomic capital.

But this is more than a culinary journey, this is a homecoming for Ken and Ching, and they make their own pilgrimages to Guangdong and Fujian to discover their personal and culinary roots.

Ching admires Ken's experience and knowledge, while Ken respects Ching's modern influences. Together they bring a unique and authoritative perspective on Chinese food that will surprise and inform.

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