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Complementary and Alternative Medicine

Robert A Roush

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Complementary and Alternative Medicine

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Complementary and Alternative Medicine Robert A Roush
The information you need to choose—or to help create—a complementary/alternative medicine facility

Learn about emerging and traditional treatment techniques such as Ayurveda, Chinese medicine, Reiki, reflexology, prayer, homeopathy, yoga, meditation, aromatherapy, and massage. Author Robert Roush analyzes these modalities for effectiveness, and argues for an evidence-based approach for their use. Complementary and Alternative Medicine is useful to consumers and hospitals or clinics considering incorporating these modalities.

Complementary and Alternative Medicine works toward eliminating “camps” in heath care, seeking to establish treatment that has more to do with the patient than promoting one brand of medicine or a singular view of good health. The book presents comprehensive information on alternative medical systems, mind/body interventions, and biological-based, manipulative/body-based, and energy/metaphysical therapies, addressing education, licensing, and regulation needs for complementary and alternative medicine (CAM).

Complementary and Alternative Medicine includes:

- guidance on choosing modalities
- discussion of industry regulation and practitioner credentialing
- review of literature for CAM modalities
- recommendations for clinic design and structure
- recommendations for CAM industry standards for education and practice
- and much more!

This book addresses the “for or against” debate about CAM by establishing acceptable methods for combining complementary and alternative medicine modalities with conventional medicine. It is designed to be an essential resource for holistic practitioners, holistic medical doctors (AHMS), nurse practitioners (holistic), integrated medicine hospital programs, chiropractors, general public, medical schools, and holistic health teaching organizations.

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