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Wounded Warrior, Wounded Home: Hope and Healing for Families Living with PTSD and TBI

Marshele Carter, Kelly K. PhD, ABPP Orr

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Healing from war's devastating effects isn't easy--but it is possible.

For every wounded warrior, there is a wounded home--a family and community impacted by their loved one's war experiences. Service members returning from combat deployment all bring war home with them. And when a combat veteran struggles with post-traumatic stress disorder (PTSD) and/or traumatic brain injury (TBI), every family member experiences the effects--confusion, hurt, anger, guilt, fatigue, and fear.

Wounded Warrior, Wounded Home offers a hope-filled way forward, giving hurting families a look inside the minds and hearts of combat veterans and guiding them to develop their own plan for physical, emotional, and spiritual wholeness.

"No family, not even a military one, is ever prepared for the holes that war and conflict punch out of our loved ones. This is a must-read for anyone living with or loving individuals with post-traumatic stress disorder and traumatic brain injury."--Lee Woodruff, bestselling coauthor, *In an Instant*; co-founder of the Bob Woodruff Foundation; contributing editor to CBS This Morning

"A story of courage and hope and healing. Essential reading for all who love and are connected to the life and service of a combat veteran. For your sake, for your loved one's sake, get this book."--Dr. Richard J. Foster, author, *Celebration of Discipline* and *Sanctuary of the Soul*; founder of Renovaré Ministries International

"Knowledge, insight, support, and guidance to ease the adjustment experienced by all in the wake of combat. Waddell and Orr provide a resource that brings hope and healing to those who love, work, and live with our returning service members."--Roger Staubach, Hall of Fame Dallas Cowboys quarterback, Naval Academy graduate, and Vietnam veteran

Marshéle Carter Waddell served with her former husband, CDR (ret) Mark D. Waddell, USN, a Navy SEAL, for twenty-five years around the world. She is an international speaker and the founder of Hope for the Home Front, based in Chapel Hill, North Carolina. Her books include *Hope for the Home Front* and *When War Comes Home*.

Kelly K. Orr, PhD, ABPP, has more than thirty years of experience in behavioral medicine and pain management. He serves on the advisory council and speaking team of Hope for the Home Front. He retired in 2004 with a combined USMC and Air Force career of twenty-five years and now makes his home in Colorado with his wife, Kathy.

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Amanda Young:

Playing with family in a very park, coming to see the coastal world or hanging out with pals is thing that usually you may have done when you have spare time, and then why you don't try point that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Wounded Warrior, Wounded Home: Hope and Healing for Families Living with PTSD and TBI, you are able to enjoy both. It is good combination right, you still wish to miss it? What kind of hang type is it? Oh seriously its mind hangout guys. What? Still don't buy it, oh come on its called reading friends.

Merlin Doyle:

The book untitled Wounded Warrior, Wounded Home: Hope and Healing for Families Living with PTSD and TBI contain a lot of information on it. The writer explains your ex idea with easy way. The language is very easy to understand all the people, so do not worry, you can easy to read it. The book was authored by famous author. The author brings you in the new period of time of literary works. You can easily read this book because you can please read on your smart phone, or gadget, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can start their official web-site and also order it. Have a nice study.

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