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Vida Total: Mi Historia Increíble (Spanish Edition)

Arnold Schwarzenegger

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LA MEJOR HISTORIA DE INMIGRACIÓN DE NUESTROS TIEMPOS

Su historia es única, divertida, y en estas páginas la cuenta de manera brillante.

Nació; durante un año de hambruna en un pequeño pueblo de Austria, hijo de un jefe de policía muy austero. Soñaba con mudarse a los Estados Unidos para convertirse en campeón del fisiculturismo y estrella de cine.

A los veintiún años vivía en Los Ángeles y ya había sido coronado como Mr. Universo.

Cinco años más tarde había aprendido a hablar inglés y se había convertido en el mejor fisiculturista del mundo.

Diez años más tarde había completado su título universitario y se había vuelto millonario gracias a sus empresas comerciales en el sector inmobiliario, el paisajismo y el fisiculturismo. También había ganado un Golden Globe por su debut como actor dramático en Stay Hungry.

Veinte años más tarde era la estrella de cine más famosa del mundo, estaba casado con Maria Shriver y era un líder republicano emergente que formaba parte de la familia Kennedy.

Treinta y seis años después de haber llegado a los Estados Unidos, el hombre que alguna vez fue conocido entre sus compañeros fisiculturistas como el "roble austriaco" fue elegido como gobernador de California, la séptima economía más grande del mundo.

Gobernó el estado a lo largo de una crisis presupuestaria, desastres naturales y disturbios políticos, trabajando con ambos lados del espectro político para crear un mejor ambiente, reformas electorales y soluciones bipartidistas.

Con Maria Shriver crió; a cuatro hijos fantásticos. En medio del escándalo que él mismo creó, intentó mantener a su familia unida.

Hasta ahora nunca ha contado la historia completa de su vida, en su propia voz.

Éste es Arnold. Ésta es su vida total.

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