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The Pycnogenol Phenomenon: The Most Unique & Versatile Health Supplement

Peter Rohdewald, Richard A Passwater

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An in-depth look at the science behind Pycnogenol, a complex of some 40 antioxidants extraced from the bark of French maritime pine tress. Pycnogenol has remarkable healing properties from enhancing circulation, physical strength and congnitive function to treating menstrual cramps and menopausal symptoms as well as fighting chronic diseases such as diabetes and heart disease.

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