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# Urban Dystrophy: The Perverse Truths about Mid-Life in the Big City

*Jay Rusovich*

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**Urban Dystrophy: The Perverse Truths about Mid-Life in the Big City** Jay Rusovich
"Urban Dystrophy is part memoir, part manifesto on the middle-aged man's struggle to discover authentic love in a world filled with impossible expectations: to preserve-if not in fact then at least in convincing appearance-one's youth, relevance, and money. By turns derisive and vulnerable, Rusovich delivers a thought-provoking homily on the impaired nourishment of the urban soul."
- Chris Cander, author of 11 Stories and Whisper Hollow

In this searing and often hilarious testimony, Jay Rusovich blows the lid off of a very private and exclusive demographic where everyone is a commodity, and everything is for sale to the highest bidder.

Urban Dystrophy is not the stuff of romance novels. In this world, money and power are routinely leveraged against youth and beauty, and romance is merely a series of equations in an endless rite of passage. Starting with the genesis of this mindset, including his own, and following it through an endless litany of perverse manifestations, Rusovich paints a picture of affluent middle-aged men and women struggling to maintain relevance at any cost, while searching for love and meaning in the ruins of the very existence they created.

Brutally honest, racy, and unapologetic, Urban Dystrophy will keep readers engaged - and amused - for hours.

To the average person, this book will come across as a parody of urban life.

It isn't.

That's the really funny part.

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