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How to Be a Victorian: A Dawn-to-Dusk Guide to Victorian Life

Ruth Goodman

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How to Be a Victorian: A Dawn-to-Dusk Guide to Victorian Life Ruth Goodman

A “revelatory” (*Wall Street Journal*) romp through the intimate details of Victorian life, by an historian who has cheerfully endured them all.

Lauded by critics, *How to Be a Victorian* is an enchanting manual for the insatiably curious, the “the cheapest time-travel machine you’ll find” (NPR). Readers have fallen in love with Ruth Goodman, an historian who believes in getting her hands dirty. Drawing on her own firsthand adventures living in re-created Victorian conditions, Goodman serves as our bustling guide to nineteenth-century life. Proceeding from daybreak to bedtime, this charming, illustrative work “imagines the Victorians as intrepid survivors” (*New Republic*) of the most perennially fascinating era of British history. From lacing into a corset after a round of calisthenics to slipping opium to the little ones, Goodman’s account of Victorian life “makes you feel as if you could pass as a native” (*The New Yorker*).

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