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Do you or a loved one suffer from migraines? The Everything® Healthy Living Seriesis here to help. These concise, thoughtful guides offer the expert advice and the latest medical information you need to manage your pain and lead a healthy life.

Inside you'll find expert advice and helpful tips on treating migraine pain, the variety of prescription medications available, alternative and complementary medicine, how to find the right doctor, and when a migraine can become an emergency. Living with migraines can be challenging, but with the right guidance you can live a happy and healthy life.

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