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There's More to Life Than This: Healing Messages, Remarkable Stories, and Insight About the Other Side from the Long Island Medium

Theresa Caputo

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For fans of TLC's *Long Island Medium* and anyone interested in the big questions of life, death, and finding out what's important in between, *New York Times* bestselling author and medium Theresa Caputo shares how she discovered her gift and her many encounters with Spirit.

Beloved medium Theresa Caputo, star of the hit television show *Long Island Medium*, opens the door to her world and invites you to experience her exceptional gift of communicating with those who've crossed over to the Other Side. The always funny, frank, and down-to-earth medium—whether she's talking to her family, the local butcher, or the souls of those who've passed on—began communicating with Spirit at the age of four, but didn't fully accept her gift until she was thirty-three years old. She had a good life as a busy wife and working mom, but also suffered from chronic anxiety that, as it turned out, came from ignoring her abilities. Once Theresa began channeling, she realized that she felt much better after delivering a message from Spirit and releasing that energy. Since then she' s used her extraordinary gift to help people heal from the loss of their loved ones.

Theresa feels that it's her purpose to make us all aware that there is more to life than what we see here in the physical world. She wants you to know that your deceased loved ones are safe and at peace, and that they're now with you in a different way—watching over you, loving you, and assisting you from the Other Side. She also wants you to realize that the unexplainable things you sense and feel from these souls are real, and that it's healthy and essential to acknowledge them.

There's More to Life Than This lends insight on how Theresa's mediumship works, what happens to your soul when you die, what Spirit says Heaven is like, what the deceased want you to know, the importance of living a positive life, and the many roles that your family, friends, angels, guides, souls of faith, and God play here and in the afterlife. It also explores how to safely connect with Spirit, so that you can recognize when your loved ones are reaching out.

Through Theresa's personal story, compelling anecdotes, and fascinating client readings, she teaches us about how she communicates with Spirit and helps us to understand and appreciate the important lessons and touching messages that we're meant to embrace every day.

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