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The Link Between Childhood Trauma and Mental Illness: Effective Interventions for Mental Health Professionals

Barbara Everett, Ruth Gallop

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This informative book gives mental health professionals who are not child abuse specialists knowledge and skills that are especially relevant to their direct service role and practice context. It introduces to these practitioners a conceptual bridge between biomedical and psychosocial understandings of mental disorder, providing a multidimensional approach that allows professionals to think holistically and connect clients' abusive pasts with their present-day symptoms and behaviors. It includes reviews of the most up-to-date findings with direct practice guides in helping clients.

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