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Emotional Intensity in Gifted Students: Helping Kids Cope with Explosive Feelings

Christine Fonseca

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Emotional Intensity in Gifted Students: Helping Kids Cope with Explosive Feelings Christine Fonseca Designed to provide support for the difficult job of parenting and teaching gifted children, "Emotional Intensity in Gifted Students: Helping Kids Cope With Explosive Feelings" provides the resource parents and teachers need to not only understand why gifted children are so extreme in their behavior, but also learn specific strategies to teach gifted children how to live with their intensity. Presented in an easy-to-read, conversational style, "Emotional Intensity in Gifted Students" uses real-world examples through case studies and role-plays that show parents and teachers how to interact with gifted children in a way that teaches them how to recognize, monitor, and adjust their behavior. Worksheets, tip sheets, and checklists are included to help parents, teachers, and the students themselves learn to cope with the explosive feelings that often accompany giftedness. Specific strategies for stress management, underperformance in school, perfectionism, and social anxiety make this a must-read for anyone wishing to make a positive lasting impact on the lives of gifted children.

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