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The Secret Teachings of the Tao Te Ching

Mantak Chia, Tao Huang

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The Secret Teachings of the Tao Te Ching

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The Secret Teachings of the Tao Te Ching Mantak Chia, Tao Huang
Reveals techniques for achieving spiritual immortality through an in-depth exploration of Lao-tzu's Tao Te Ching

• Includes practices and meditations for living in harmony with the Tao (universal essence) and Te (kind action)

• Reveals the integration of heavenly and human power in the mystic field within us

• Presents Tao Huang's English translation of the Tao Te Ching from the original Chinese Mawangdui text unearthed in 1973

For over 2,500 years the words of the Tao Te Ching, the primary scripture of Laoism and Taoism, have been regarded as among the greatest treasures of the world. Lao-tzu, whose name means “the ancient child,” wrote these brief but essential verses that have both confounded and conferred blessings on humankind. Now Taoist masters Mantak Chia and Tao Huang guide readers through the origins of this philosophy, the meaning behind its 5,000 pictographs, and the way of living that generations have followed.

While the text of the Tao Te Ching has been passed down in literary form for generations, the essence of the text can be understood only through heart awakening--a true integration of body and mind--made possible with the insights and exercises in this book. The authors analyze Lao-tzu's teachings, line by line, and offer meditations, interpretations, and practical illustrations that clarify the true meaning and purpose of this classic text.

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