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Introduction to Psychotherapy: An Outline of Psychodynamic Principles and Practice, Fourth Edition

Anthony Bateman, Dennis Brown, Jonathan Pedder

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This fourth edition of *Introduction to Psychotherapy* builds on the success of the previous three editions and remains an essential purchase for trainee psychotherapists, psychiatrists and other professionals. It has been revised and extended to capture some of the current themes, controversies and issues relevant to psychotherapy as it is practised today.

Bateman has added new chapters on attachment theory and personality disorder and has developed further the research sections on selection and outcome. His new chapter on further therapies covers a variety of therapeutic movements and establishes links between these and classical psychoanalytical therapies.

Introduction to Psychotherapy is a classic text that has been successfully updated to provide a relevant and essential introduction for anyone interested in psychotherapy.

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